

SAVOURY LOAF (USING ARTISAN 7% CONCENTRATE)

INGREDIENTS

Group 1

 Ingredient
 KG

 Strong Bakers Flour
 1.000

 Water (cold)
 0.750

 Bakels Instant Active Dried Yeast
 0.012

 Artisan 7% Concentrate
 0.070

 Salt
 Total Weight: 1.852

E CATEGORY

Bakery, Patisserie



FINISHED PRODUCT

Savoury Loaf

METHOD

- 1. Pre-heat oven to 240°C with steam on.
- 2. Place all ingredients into a spiral mixer.
- 3. Mix for 7 minutes on speed 1 and then 9 minutes on speed 3 until dough is fully developed (dough temp. 24-26°C).
- 4. Add desired inclusions (e.g. sundried tomato, olive, cheese, onion or grain mix etc) and mix for 2 minutes on speed 1.
- 5. Rest in oiled & covered container for 60 minutes.
- 6. Divide and mould dough as desired and place on flat trays.
- 7. Dry prove for 40-45 minutes until fully proved.
- 8. Cut as desired.
- 9. Place dough in the oven and reduce the temperature to 215°C.
- 10. Bake for 45-50 minutes (vent after 20 minutes).