

MULTI FIRBE MUFFINS (USING MULTI-FIBRE MUFFIN MIX)

INGREDIENTS

Group 1

Ingredient	KG
Bakels Multi-Fibre Muffin Mix	1.000
Egg	0.300
Vegetable Oil	0.300
Water (Variable)	0.400
Diced Solid Pack Apple	0.300
Total Weight:	2.300

METHOD

1. Place Group 1 ingredients into mixing bowl.
2. Blend together on low speed for 1 minute.
3. Scrape down.
4. Mix on second speed for 6 minutes.
5. Blend in Group 2 on low speed until evenly dispersed.
6. Pipe into greased or papered muffin tins to a height of 2/3 full.
7. Oven temperature 210°C.



CATEGORY

Bakery, Patisserie



FINISHED PRODUCT

Muffin