





CATEGORY

Bakery, Patisserie



FINISHED PRODUCT

Rye Bread

LIGHT RYE BREAD (USING BAKELS AMERICAN RYE BREAD MIX)

INGREDIENTS

Group 1

Ingredient	KG	%
Bakels American Rye Bread Mix	5.000	50.00
Bakers Flour	5.000	50.00
Water (Variable)	6.250	62.00
Bakels Instant Active Dried Yeast	0.125	1.25

Total Weight: 16.375

METHOD

- 1. Thoroughly develop dough.
- 2. Finished dough temperature 29 30 °C.
- 3. Allow dough to recover 10 15 minutes.
- 4. Scale and mould to desired shape.
- 5. Prove, then bake at 235°C.