





CATEGORY

Bakery, Patisserie



FINISHED PRODUCT

Rye Bread

DARK RYE BREAD (USING BAKELS SCANDINAVIAN RYE BREAD MIX)

INGREDIENTS

Group 1

Ingredient	KG	%
Bakels Scandinavian Rye Bread Mix	1.000	50.00
Bakers Flour	1.000	50.00
Bakels Instant Active Dried Yeast	0.025	2.00
Water (Variable)	1.300	67.00

Total Weight: 3.325

METHOD

- 1. Place all ingredients in mixing bowl.
- 2. Spiral mixer, 6 minutes.
- 3. Finished dough temperature 27°-30°C.
- 4. All dough to recover for 10 minutes.
- 5. Scale.
- 6. Intermediate proof, 10 minutes.
- 7. Place in tins.
- 8. Final proof for approximately 45 minutes.
- 9. Bake at 230°C for 25 minutes.