



DISPLAY CONDITIONS

Ambient



CATEGORY

Bakery, Patisserie



OCCASION

Christmas



FINISHED PRODUCT

Pudding

CHRISTMAS PUDDING (USING APITO UTILITY CAKE MIX)

INGREDIENTS

Group 1

Ingredient	KG
Apito Utility Cake Mix	1.000
Brown Sugar	0.135
Cake Crumbs	0.800
Mixed Spice	0.015
Melange	0.015
Ginger	0.005
Butter (softened)	0.135
Total Weight:	2.105

Group 2

Ingredient	KG
Egg	0.800
Water (Variable)	0.200
OP Rum (Variable)	0.080
Glycerine	0.080
Bakers Caramel	0.001
Total Weight:	1.161

Group 3

Ingredient	KG
Sultanas	1.075
Cherries	0.535
Raisins	0.400
Nuts (walnuts, pecans or peanuts - chopped)	0.135
Glycerine	0.160
OP Rum (Variable)	0.080
Total Weight: 2.385	

Yield: Why Puddings Go Mouldy: 1. Making the mixture too soft and sloppy by the addition of too much liquid i.e. eggs, milk, old ale, lemon juice etc. 2. Not filling the basins to the top. 3. Not tying up tightly so that water gets into the pudding during cooking or correctly sealing lid. 4. Allowing the water to go off the boil. When this happens, the expanded puddings collapse a little, allowing water to get between the pudding and the inside of the basin. This water softens the mixture and sends the puddings mouldy after a few weeks' storage. 5. Insufficient cooking. 6. Failing to untie the knots in the pudding cloths immediately after cooking or removing lids. 7. Failing to get the puddings out of the boiler as soon as possible after they have been boiled. They must never be left in the water, but must be removed at once. 8. Leaving the puddings in a steamy atmosphere after they are cooked. As soon as they are untied or lids removed they should be carried to a dry storeroom to dry off in moderate warmth. 9. After being cleaned and re-wrapped or re-lidded for sale the puddings must be stored in a dry place, otherwise they go mouldy.

METHOD

1. Soak Group 3 overnight.
2. Place Group 1 in mixing bowl.
3. Blend together on low speed, until butter is fully dispersed.
4. Add Group 2 and mix on low speed until combined (approximately 1 min).
5. Add Group 3 and continue to mix on low speed until fruit is mixed through.
6. Scale into pudding basins and lid.
7. Place into coffins half filled with water.
8. Cover puddings with 4-5 sheets of wet butcher's paper.
9. Steam at 160°-170°C. 3 hours for 450 g puddings, 4 hours for 900 g puddings.
10. Take from oven, remove papers from top and puddings out of the water.
11. Remove lids until puddings have cooled.
12. Replace lids and package as desired.