





**CATEGORY** 

Bakery



FINISHED PRODUCT

Bread Rolls

# BASIC WHITE BREAD AND ROLLS (USING EMINEX V)

## **OVERVIEW**

Bread fat for all bread making purposes based on vegetable fat.

### **INGREDIENTS**

#### Group 1

Ingredient	KG
Bakers Flour	25.000
Salt	0.500
Bakels Extra 1% Improver	0.250
Eminex V	0.500
Bakels Instant Active Dried Yeast	0.250
Water (Variable)	15.500
	Total Weight: 42.000

Yield: When using compressed yeast use 750 grams (3 times that of Instant Active Dried Yeast)

## **METHOD**

- 1. Place all ingredients in the mixing bowl
- 2. Mix on slow speed for 2 minutes
- 3. Mix for approx. 5-7 minutes on fast speed until well-developed





- 4. Finished dough temperature 27-30°C
- 5. Allow dough to recover for 10 minutes. Divide and scale
- 6. Allow dough to recover for 10 minutes. Mould into required bread varieties
- 7. Proof for approximately 45-60 minutes
- 8. Bake at 230°C for 30 minutes